Guidelines for Angling White Sturgeon in BC

Most white sturgeon populations in British Columbia are protected under the federal Species at Risk Act and are closed to recreational angling. The lower and middle Fraser River populations are designated as endangered, but are considered healthy enough to support a catch and release sport fishery. Catch and release angling can be low impact if extra care is taken to ensure sturgeon health and survival. To sustain this treasured fishery, the following angling practices are necessary:

1. **Use only single barbless hooks and appropriate tackle**
   
   Only single barbless hooks are permitted while sturgeon angling. Use heavy rod and reels, with at least 130 lb. manufacture rated test line.

2. **Play sturgeon quickly**
   
   Play and release sturgeon as quickly as possible. Sturgeon played too long may not recover. If you hook a large sturgeon (by definition large sturgeon are 1.5 meters and greater in length) when boat fishing, release the anchor and play the fish to a pre-determined landing location. This will significantly reduce stress on the sturgeon by reducing time played and by not fighting the river current.

3. **Choose your fishing location carefully - Keep sturgeon in the water**
   
   Never lift a large sturgeon out of the water. Fish suffocate out of water. Large sturgeon are at risk of internal injuries due to their own weight. Ropes, tailers, nooses or other devices must not be used to hold or land sturgeon.

   **From shore:** Your fishing location must be suitable for landing sturgeon. Elevated docks are not suitable. Do not drag sturgeon out of the water onto the shore or dock. Release smaller sturgeon at the side of the dock. Be prepared to get wet when releasing sturgeon.

   **From boat:** Do not lift or drag a large sturgeon into a boat. Land and release large sturgeon at the side of the boat. Never tow a large sturgeon by the tail to shore. Towing by the tail is damaging and can be lethal.

   Release small sturgeon (by definition small sturgeon are less than 1.5 meters in length) at the side of the boat. Never pull a sturgeon into a boat by using a rope or by the sturgeon’s gill plates, pectoral fins, or by its mouth or tail only.

4. **Remove hooks quickly but gently**
   
   Remove deeply embedded hooks with long needle-nose pliers or a hook remover. Grab the bend on the hook and twist. Be quick, but gentle. Sturgeon that are deeply hooked, hooked on or near the gills, or bleeding heavily have lower survival rates. Improve survival by cutting the leader and releasing the sturgeon with the hook left in.

5. **Handle and recover sturgeon with care – Be prepared to take photos quickly**
   
   Never squeeze or hug sturgeon. Keep your fingers away from the gills and out of the gill plates. If you want photographs, always leave large sturgeon in the water. Have your camera ready and be quick. Recover sturgeon by pointing nose-first upstream into the current and letting go when it struggles to swim.

**Fraser River Sturgeon Conservation Society, Fraser Valley Angling Guides Association, Recreational Sturgeon Anglers of BC, Fisheries & Oceans Canada, and the Province of BC supported the development and encourage the practice of these Guidelines.**

For more information on white sturgeon recreational fisheries management please contact:
Ministry of Forests, Lands & Natural Resource Operations, 200 – 10428 153rd Street Surrey, BC V3R 1E1
Metro Vancouver Phone: 604-586-4400, Toll –Free Phone: 1-800-663-7867
SAY CHEESE!

Photographing Your Sturgeon Experience: Do’s and Don’ts

“Catch and release angling can be low impact if extra care is taken to ensure sturgeon health and survival. To sustain this treasured fishery, ‘best practice’ sturgeon angling practices are necessary and recommended.”

Guidelines for Angling Sturgeon in British Columbia

Everyone wants a photo of their encounter with a real-life dinosaur. Each photo you share with friends, family, clients and networks sets an example of how these fish are to be handled. It is important to ensure that your photo is taken quickly and represents proper handling and care of the fish. You can do your part to educate others by following Handling Guideline #5 from the “Guidelines for Angling Sturgeon in British Columbia” (Province of British Columbia).

**Handling Guideline #5**

*Handle and recover sturgeon with care. Be prepared to take photos quickly*

Never squeeze or hug sturgeon. Keep your fingers away from the gills and out of the gill plates. If you want photographs, always leave large sturgeon in the water. Have your camera ready and be quick. Recover sturgeon by pointing nose-first upstream into the current and letting go when it struggles to swim.

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**DO!** These two larger fish are supported in the water, kept wet and the body is kept nice and straight to avoid any pressure on its organs, spine and gills. The fisherman’s hands are supporting the fish at the tail and under the pectoral fins. And these ladies below are supporting a smaller fish, with gloves and ready for an immediate recovery and release of this fish.

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**DON’T!** These examples show fish that are not supported properly, bent in the middle and subjected to squeezing and pressure on its belly. Never support a sturgeon with your knees or hold it by the gills!

Visit [frasersturgeon.com](http://frasersturgeon.com) to watch “Can You Handle It?” and learn more about best practice handling techniques when angling White Sturgeon.